

Ice Cross World Championship ATSX250 Rautalampi, FIN 2023 Welcome Letter for athletes

Welcome to Rautalampi - again!

We are happy to welcome you all to Rautalampi on February 16-18.02. 2023. Rautalampi has been hosting Ice Cross races many times before. This is the seventh time when Ice Cross World Championship tour stops at Rautalampi.

Rautalampi is a small and cozy village in the middle of Finland. If you don't like traffic lights or crowded hotels we are happy to tell you; we don't have those either. Instead we have a chill atmosphere, beautiful frozen lakes and forests, lots of snow and of course permanent Ice Cross track.

This Welcome letter includes essential information for Ice Cross attending ATSX250 Rautalampi. Please read all the information carefully!

You will find extended and updated information on website: www.fsxa.fi/atsx250

ATSX250 Rautalampi - race info

RACE CATEGORY: ATSX250, part of World Championship

DATE: 16-18.2.2023

LOCATION: Rautalampi, Finland

ORGANIZER: RautU (Ice Cross Rautalampi) & FSXA (Finnish Ice Cross Association)

Race Fee

After registration you will get a payment link to your email.

- Men 90€
- Women 60 €
- Juniors 60€*

* Juniors can compete in the Men/Women category but they need to pay at both categories

We have cool race beanies available for riders. 1 per rider, only pre order. Pre order and pay your beanie at the same time as your registration fee. Price 25€. Or you can pay your beanie at the same web store where you will pay your race payment. You will get your beanie at Rautalampi! You can see samples on Ice Cross Downhill RautU Facebook site. If you want that beanie (there are two different models) you can place your order to Tuomas: <u>tuomaskullaa@gmail.com</u> or +358453520454.

Rules and regulations

Competition is open to everyone, who is older than 15 years, registered at <u>data.atsx.org</u>, has paid the ATSX athlete license and race fee.

Participants 15-17 yrs. should provide a letter from their parent(s) (or legal guardian) allowing them to compete in this extreme sport event. (Full name and signature of the parents necessary, ID card (or at least copy) of the parent who signed should be available to show upon request).

Race will follow ATSX Ice Cross rules 2022-2023. Please also note jersey restrictions.

You can find the rulebook on ATSX website.

Online Registration

- Create your ATSX profile in case you do not have one: data.atsx.org/Account/Register
- Register for the race: <u>Rautalampi 2023</u>
- You will receive an email with the link to our payment site
- Note: In addition to our registration fee you need to purchase an ATSX license
- Contact your national federation (you can look it up in the list below). If your country is not listed please write an email to: pvirta@gmail.com
- Read through all of the information in this document
- Registration will close 7 days prior to the race, OR before, if the race's capacity has been reached.
- If you have problems with ATSX license please contact Reno ECKEBRECHT ATSX General Secretary: renoeckebrecht@gmail.com

Insurance and license

Every rider should have insurance for the whole period of competition (that's mandatory and includes the training runs). Without payment of the international license, the athlete is not allowed to participate.

COVID-19 Actions

PLEASE NOTE, COVID ACTION AND RESTRICTIONS CAN CHANGE BEFORE THE EVENT. RACE ORGANIZER DO NOT TAKE RESPONSIBILITY OF THAT.

 Guidelines for entering Finland: <u>https://www.finentry.fi/en/.</u> <u>https://www.finentry.fi/fr/</u> <u>https://www.finentry.fi/ru/</u> <u>https://raja.fi/en/guidelines-for-border-traffic-during-pandemic</u>

- Keep focus on good hygiene.
- Access to the track and locker rooms is strictly controlled.
- No skate-sharpening on-site.

Accommodation

• There are no hotels in Rautalampi. Unfortunately we do not arrange a shared "Riders BNB" this year. You can find accommodations via booking.com, AirBnB, Hotels.com etc.

How to get to Rautalampi?

By train

Nearest train station is Suonenjoki. It's about 20 km from Rautalampi. Train schedules can be found from: <u>https://www.vr.fi/</u>

By bus

Most of the buses (also Onnibus) stops at Koskelo, Suonenjoki (also named Koskelo Ysitie) if asked. This bus stop is next to the gas station and it's about 13km from Rautalampi.

There might be some buses coming straight to Rautalampi, but that's quite rare.

Bus schedules could be found from: <u>https://www.matkakeisari.fi/?lng=en</u> (combines schedules from different bus companies)

By plane

Nearest airports are at Kuopio and Jyväskylä, around 80 km away. Transfer connections from these airports to Rautalampi are really bad, taxi might be the best solution.

Restaurants and other services

There are three main restaurants in the area (all you can find from facebook example) **Ravintola Nuapuri (There is athlete lunch at this restaurant on friday clock 11:00-16:00**) Ravintola Hetki Grilli Pizzeria Rautalampi

Location and Parking

Athlete parking location

Restaurant Nuapuri Parking lot (Kuopiontie 21, Rautalampi). Short walking to locker rooms. **NO PARKING on locker rooms!**

Google maps link: https://goo.gl/maps/WD5UJk5hhhhN1XVj7

Track location

Ice Cross Track Rautalampi (Satakielistentie 17, 77700 Rautalampi) Shortwalk from the locker rooms. **NO PARKING at the track. Google maps link:** <u>https://goo.gl/maps/JPjUCWC8ty3MR6Hc8</u>

The track

Track is filled with obstacles, steep starts, jumps, step-downs, step-ups and rollers. Location: Water Tower Hill, Rautalampi FIN Lenght: 350m Width: 4-6m Vertical Drop: 25m Turns: 5 Ice: Natural Sidewalls: partially

WE ARE WORKING FOR LIVESTREAM. WILL ANNOUNCE THIS LATER.

Changing Rooms.

CHANGING ROOM IS AT THE USE ONLY FRIDAY-SATURDAY. Thursday you will gear up at the track.

We have a big gym hall for changing rooms. Short walk to the track. You can but skates on at the track, no walking with skates at the changing rooms. (new floor)

Be aware that YOU CAN NOT bring alcohol or cigarettes to this area. It's a school area and there will be an extra fee if you want to break this one. (100€)

At the track there is an outdoor tent/locker room where you can put your skates on.

Skate sharpening and blade guards

Please take your own blade guards with you to the track, you will need it there. We don't have any skate guard to borrow.

Skate sharpening **NOT** available.

EMERGENCY NUMBERS IN FINLAND

112 You can find all from here. Police, fire officials and medical emergency

Training on site

Track is open for training: (If the weather provide this)

- Saturday 11.2.2023 12.00 14.00 (Track fee 25€ paid by cash, open for everyone)
- SUNDAY 12.2.2023 TRACK IS NOT OPEN DUE THE WARM WEATHER.
- Wednesday 15.2.2023 18.00 20.00 (Track fee 25€ paid by cash, only for ATSX250 Riders.)
- Thursday 16.2.2023 15.00 17.00 (Free training, only for ATSX250 riders)
- Friday 17.2.2023, schedule TBA (2 runs per rider, only for ATSX250 riders)
- WE WILL LET YOU KNOW HOW WARM WEATHER WILL AFFECT DAYS.

Race Schedule

Local weather changes and the schedule may change. Updated schedule will be on website: <u>http://fsxa.fi/atsx250</u> or at the facebook site: Ice Cross Downhill RautU

TEAM CONTEST ON FRIDAY 19:00 ->

- Only one category (men,women,juniors) will compete in the same category. You can have all genders in your team.
- Three person at one team (must)
- 60 € / team (20 € / person)
- Most off the race fee money will be prize money to this race. (First three team will get the money)
- You will register your team at the registration (thursday 14:00-16:00 or friday 08:00-09:00)
- Payment at the cash (one rider will pay whole team)
- Rules etc will come later :)

Wednesday, Feb. 15th

- 18:00 20:00 Free training (Additional training session. Track fee 25€ paid by cash.
- You will gear up at the track

Thursday, Feb. 16th (warm weather may affect this timetable)

- Registration at the restaurant NUAPURI (where is also parking)
- Registration is open 14:00-16:00 SHARP !
- 15:00 17:00 Free training (**Registration has to be done before.**)
- You will gear up at the track

Friday, Feb. 17th (warm weather may affect this timetable)

- 09.00 10.00 Registration. Registration is at the NUAPURI.
- 10:00 11:00 Women (2 practice runs + 2 time trial runs)
- 11:00 12:00 Juniors (2 practice runs + 2 time trial runs)
- 12:00 14:30 Men (2 practice runs + 2 time trial runs)
- 11.00 16.00 Food available at the restaurant NUAPURI
- 19:00 > Team Contest (three person at the team) 60 \in / team
- Gym hall at use after 09 ->

Saturday, Feb. 18th (warm weather may affect this timetable)

- 10:30 11:45 kids race (born 2013-2008)
- 12:00 13:00 LCQ
- 13:30 15:30 Finals
- Medal ceremony after the race.

• Gym hall will be closed 18:00

After Party at restaurant Nuapuri 20:30 -> Bring your bracelet with you.

If you have questions feel free to contact:

Questions about track: erkki.jaamalainen@hotmail.com

Questions about event: tuomaskullaa@gmail.com or janne.mensonen@rautalampi.fi

Race delegation: arttu.pihlainen@gmail.com